



RICHMOND *Plastic* SURGEONS

Pre and Post-Operative Instructions For Levulan Treatment

1. Any patient who has an allergy to porphyrins or has been diagnosed with a metabolic disease called porphyrias can NOT be treated with Levulan.
2. Please notify your doctor or his staff if you are pregnant or nursing.
3. Please notify your doctor or his staff if you have been diagnosed with an inherited or acquired blood-clotting disease.
4. Please notify your doctor or his staff if you are on ANY medications or herbal supplements such as antibiotics, anti-depressants or St John's Wort.
5. Patients with a history of recurring cold sores (Herpes Simplex 1) should start taking Valtrex prior to treatment.
6. Between the time of application of Levulan and laser treatment, your skin will become EXTREMELY sensitive to light. It is imperative that the area is not exposed to light.
7. Sunscreens will not protect the area to which Levulan has been applied!!
8. Before and after treatment, you must avoid sunlight, tanning beds or sources of bright indoor light for 2-3 days.
9. It is not unusual to see redness, swelling or scaling to the area after treatment. It is possible that the irritation will increase over the next 24 hours.
10. Actinic Keratosis' and lentigos ("age" or "liver" spots) will appear darker. These areas will then flake off, usually in 7-10 days. It is not unusual for the exposed skin to appear pink.
11. Apply moisturizers and sunscreen to treated area several times a day.
12. Swelling may be present after treatment and should begin to resolve in 3-4 days. Cool compresses will decrease some of the swelling.